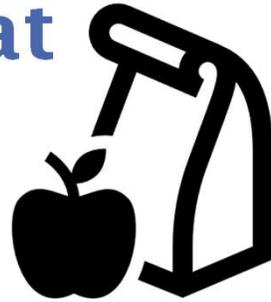


Family Child Care Virtual Chat

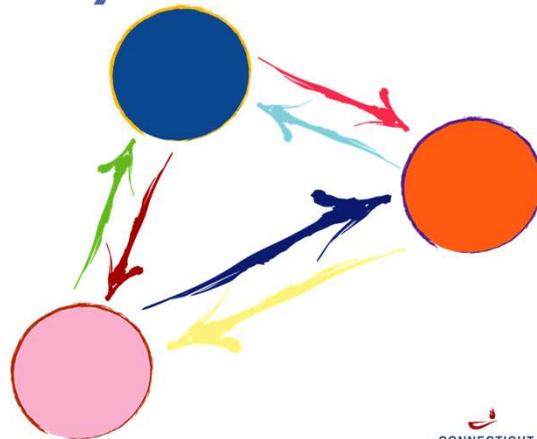
Healthy Childcare Practices:
Exclusion Policies
June 2020



1

Interactivity

- Chat box
- Question & answers
- Polls



2

Our Team



Tracy Hardy, BSN, RN



Donna Heins, MPH, RN



Jessica Alicea-Planas
RN, PhD, MS/MPH, CHES



3

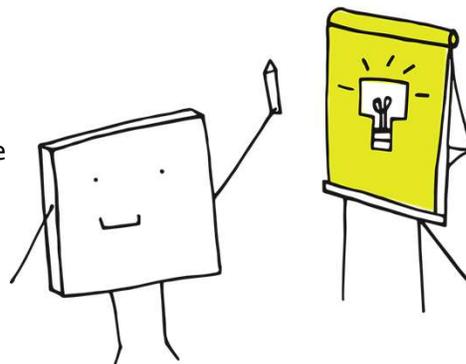
Participant Outcomes

Participants will learn more about the function of the FCC Warmline

Participants will identify at least one factor that leads to exclusion of a child from an FCC setting

Participants will know where to go to get the COVID-19 report form

Participants will identify at least one resource they can go to for more information on COVID-19



4

Poll!



Summer Fun

- Beach Days
- BBQs/picnics
- Walks/hikes
- Pool/swimming
- Camping/RV'ing
- Road trip/car
- Travel/plane or train
- Other



5

Health & Safety Consultation

SUPPORT



What it is...

- Support
- Problem solving
- Resources

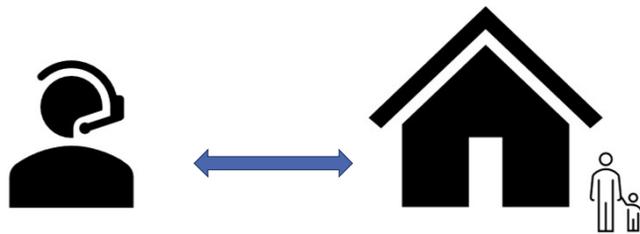
What it is NOT...

- Medical advice
- Medical Emergency
- Licensing



6

FCC Warm line: (855) 322-2242



Open NOW!

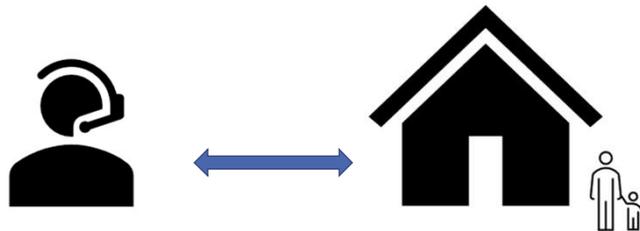
Monday-Friday 7:00 am – 5:00 pm

Spanish-speaking support 3:00 pm – 5:00 pm



7

Additional Support



Phone Support: (855) 322-2242

Website: <https://ctnurses.org/FCC/>

Email: ctnurses@gmail.com



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What areas are you finding most challenging?

- Use of masks
- Parents/family relationships
- When to exclude
- Communication
- Equipment/PPE
- Other



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Coronavirus Symptoms

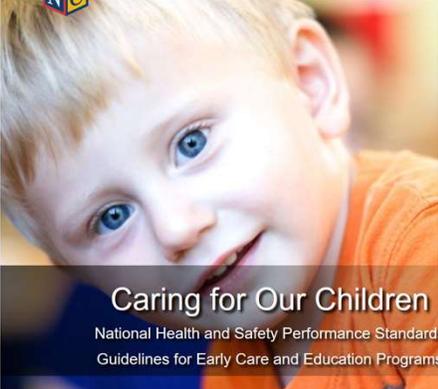
- Symptoms can appear 2-14 days after exposure:
 - **Fever**
 - **Cough**
 - **Shortness of breath or difficulty breathing**
 - Chills, repeated shaking with chills, muscle pain, headache, sore throat, loss of taste or smell



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Caring for Our Children


HOME
ABOUT US
CFOC
HEALTHY WEIGHT
STATE REGULATIONS
CONTACT US



- **NEW Standard 9.2.4.4:** Written Plan for Seasonal and Pandemic Influenza – recommends contents of a plan in the areas of planning and coordination, infection control policy and procedures, communications planning, and child learning and program operations.

Caring for Our Children
National Health and Safety Performance Standards
Guidelines for Early Care and Education Programs

<https://nrckids.org/CFOC>

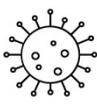


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Reducing the Risk













- Make a Plan
- Reduce the Spread
 - Perform daily health checks
 - Wear a mask
 - Physically distance (but socially engage!)
 - Open windows - fresh air!
 - Practice good hand hygiene
 - Step up cleaning/disinfecting
- Exclude when necessary

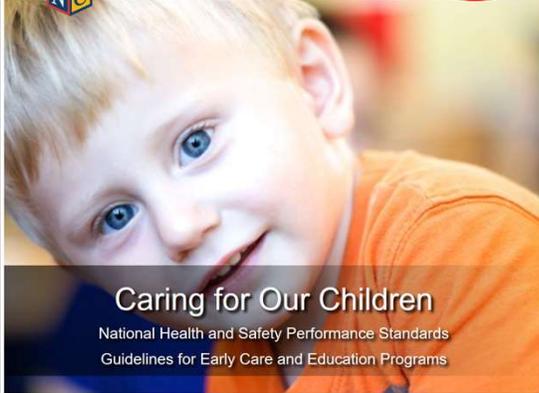
<https://www.ctoec.org/wp-content/uploads/2020/05/OEC-COVID-19-Guidance-for-Child-Care-2020-06-10.pdf>



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Caring for Our Children

HOME ABOUT US **CFOC** HEALTHY WEIGHT STATE REGULATIONS CONTACT US Search



Caring for Our Children
National Health and Safety Performance Standards
Guidelines for Early Care and Education Programs

- **3.6.1.1 Exclusion Due to Illness**
practices, based on evidence, expertise, and experience, for quality health and safety policies and practices for today's early care and education settings.

NATIONAL CENTER ON
Early Childhood
National Centers Early Childhood Health and Wellness

<https://nrckids.org/CFOC>

CONNECTICUT
NURSES
ASSOCIATION

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What are the Exclusion Criteria?

- For both staff AND children
- **Temperature of 100 degrees or higher is not permitted into program**
- High suspicion with shortness of breath or cough
- Other potential signs of illness: flushed cheeks, rapid or difficulty breathing (without recent physical activity), fatigue, or extreme fussiness



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Required Steps with + Diagnosis

1. Immediately call DPH
Epidemiology & Emerging
Infection Program at:
 - (860) 509-7994
2. Call your local department of
public health for further guidance:
 - <https://portal.ct.gov/DPH/Local-Health-Admin/LHA/Local-Health-Administration---Site-Map>
3. Complete the COVID-19 report
form on DPH website:
<https://dphsubmissions.ct.gov/Covid/InitiateCovidReport>



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When to Return After Illness



- ✓ 3 days with no fever
(without using
medications like Tylenol
(Acetaminophen) or
Motrin (Ibuprofen), AND
- ✓ Symptoms improved,
AND
- ✓ 10 days since symptoms
1st appeared



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Poll!

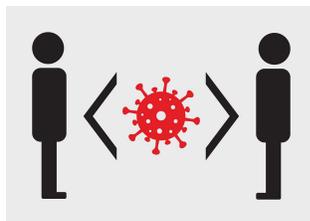
Have you had to exclude children for reasons related to COVID-19 symptoms?

- Yes
- No



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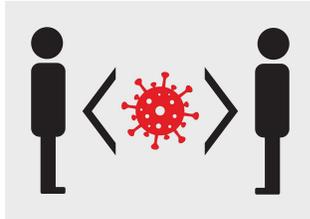
Scenario A



- A child has one of the symptoms of COVID-19 and it is determined they need to be sent home. Does the sibling need to go home too?

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Scenario A: Answer

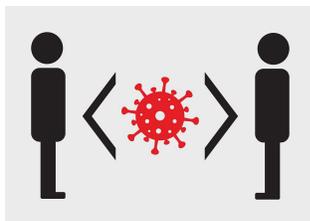


- Yes, the sibling should be excluded as well until it is known if the child has COVID-19. If the child has COVID-19, then the sibling must also be quarantined for at least 14 days.



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Scenario B

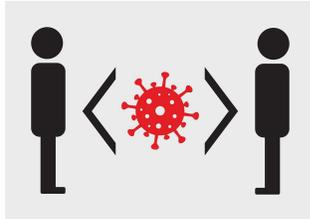


- A child has runny nose and cough but no fever and the parents say the child has allergies. Does the child need to be excluded?



20

Scenario B: Answer



- Yes, the child should be excluded for the day as a cough should be evaluated by their healthcare provider.

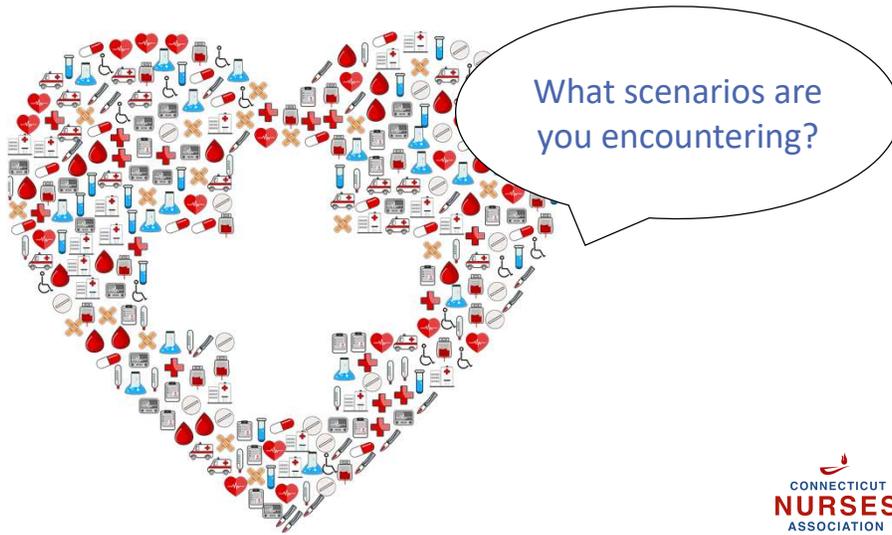
<https://dphsubmissions.ct.gov/Covid/InitiateCovidReport>

Dept of Public Health (860) 509-7994



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Exclusion Criteria - Chat



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Take Aways

- Health and Safety Consultation
- Exclusion Criteria for State of CT
- COVID-19 report form



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Participant Check-In

I learned something new about exclusion criteria for COVID-19.

Strongly Agree, Agree, Disagree, Strongly Disagree

I feel updated on the latest guidance related to COVID-19 to support my FCC during this session.

Strongly Agree, Agree, Disagree, Strongly Disagree

I am aware of a new resource related to exclusion policy as a result of participating in this session.

Strongly Agree, Agree, Disagree, Strongly Disagree

As a result of this session, I will make a practice change in my family child care.

Strongly Agree, Agree, Disagree, Strongly Disagree

This session met or exceeded my expectations.

Strongly Agree, Agree, Disagree, Strongly Disagree



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Resources

- CT Nurses Association Page for Family Child Care Providers
 - <https://ctnurses.org/FCC/>
- Office of Early Childhood Guidance
 - <https://www.ctoec.org/wp-content/uploads/2020/05/OEC-COVID-19-Guidance-for-Child-Care-2020-06-10.pdf>
- Center for Disease Control
 - <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/guidance-for-childcare.html>
- Local Health Department
 - <https://portal.ct.gov/dph/Local-Health-Admin/LHA/Local-Health-Administration---Site-Map>



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Thank you!



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