

Tips for Preventing the Spread of Infections in Family Child Care

Thursday, September 28, 2023

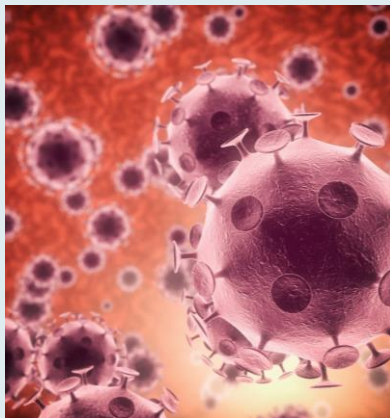


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Infectious Diseases

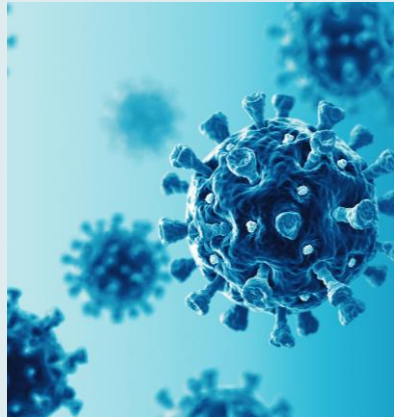


What is an
infectious disease?

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Infectious Diseases



Germs can be:

- Bacteria
- Viruses
- Fungi
- Parasites



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What are common infectious diseases you see in your family child care?



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Spread of Infectious Diseases

Direct contact

- Person to person
- Mother to unborn child
- Animal bites

Indirect contact

- Touch a surface, bring into body through eyes,

Insect bites

Food contamination



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Tips: Preventing the Spread of Infections in Family Child Care

Washing hands

Covering a cough

Washing, sanitizing or disinfecting objects

Vaccines

Refrigerator temperatures, food cooking temperatures

Staying home if you are sick



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How do you know when a child is sick?



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Frequent signs and symptoms of infectious diseases

Fever

Runny nose

Glassy eyes

Irritability

Fatigue

Rash

Diarrhea

Coughing



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Controlling the spread of infectious diseases

Strategies:

1. Promoting health and well-being
2. Reducing the number of germs
3. Adjusting the FCC environment
4. Using vaccines for immunizations



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1. Promoting Health & Well-being

Stay healthy to support good Immune Health:

1. Good Nutrition
2. Physical Activity
3. Healthful practices



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2. Reducing the Number of Germs in the Environment



1. Handwashing
2. Cleaning and sanitizing surfaces
3. Practicing Standard Precautions
4. Disposing materials properly
5. Staying home when sick: Exclusion policy



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Cleaning, Sanitizing & Disinfecting

What is the difference between cleaning, sanitizing and disinfecting?



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Cleaning, Sanitizing & Disinfecting

- Cleaning: removing dirt and debris
- Sanitizing: reducing germs
- Disinfecting: destroying or inactivating most germs



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3. Adjusting the Environment

Promote spacing and prevent crowding

Easily cleanable surfaces

Separate food areas from toileting and diapering areas

Heating, ventilation, and air conditioning

Systems meet health standards

Ratios and group size



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4. Physicals & Immunizations



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Communicating with Children and Families



Health policies and practices



Emergency plans and contacts



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What's your next step?



Type in the chat one action strategy you will use for preventing the spread of infections



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Resources

- [See Handout](#)
- [Centers for Disease Control and Prevention](#)
- [Caring for our Children](#)
- [State Department of Public Health](#)
- [Connecticut Office of Early Childhood](#)



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Reaching out



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Thank you!



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